

FREE Therapy Tool with Master Class Session

at TPS Wellness

Personal consultation and self-massage training/coaching session- 1 hour session includes my Self-Therapy Workbook, Percussion Massage Tool and Spiky Massage Tool. I offer an additional FREE Percussion Massage Therapy Tool with purchase. Tom Spiros, owner, licensed massage therapist and self-therapy coach, has over 20 years of experience in bodywork therapy and focuses on empowering individuals to become their own therapists. Spiros has authored several therapy books and developed tailored self-therapy programs. These programs are meticulously designed to address specific muscle groups responsible for a wide range of pain symptoms. By teaching effective techniques using specialized therapy tools, TPS Wellness ensures clients can treat themselves efficiently and independently. Ideal for those suffering from conditions such as chronic pain, neck and back pain, fibromyalgia, TMJ, carpal tunnel, sciatica, joint pain, frozen shoulder, accident injury and various sports injuries, the programs offer a pathway to a pain-free lifestyle.

Terms and Conditions

Relief can come in minutes for some. It may take regular sessions for a week or two for pain symptoms to subside. Long-standing chronic symptoms can be relieved in as little as one or two months. It may take longer if you suffer from fibromyalgia or widespread muscular pain, but you should have significant improvement in your condition with regular practice.

Exp: July 1, 2024

Offer Code: Relief